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# Finding Belonging through Children's Books Rating Scale

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# Finding Belonging through Children's Books Rating Scale

This scale is developed to guide selections of children's books to support children finding belonging through various identities or challenges.

Book critiqued: \_\_\_\_\_\_

**Directions: Read** through the book. Identify characters and topics, including topics requiring care. Then rate. **List Topics Requiring Care:** List events or emotions that require care in use (IE death, suicide, abuse, trauma):

# **CHARACTERS and TOPICS**

Identity of Characters: Who is represented in primary characters/illustrations? Check ALL that apply.

- □ Disability or Learning Difficulty
- Marginalized Ethnicity or Race
- Language Learner
- Immigrant or Refugee
- Low Socio-economic Status
- □ Marginalized Gender (IE girls in STEM.)

- □ Marginalized Age (IE child with adults)
- Differences (IE language, accent, clothing,
- weight, height, skin color, eye shape)
- □ Experience (IE adoption, foster care,
- hunger, bullying, trauma)
- □ Other:\_\_\_\_\_

**Challenges Addressed**: What challenges or struggles are directly addressed? Check ALL that apply.

- Racial or Ethnic Barriers to Access or Inclusion
- Disability Barriers to Access or Inclusion
- □ Historical or Personal Events
- □ Rights, Privilege or Lack of Privilege
- □ Academics: A Struggle or Frustration
- □ Communication: Disorders or Barriers

- Relationships: Barriers, Hurt, Healing
- Behaviors: in Trouble or Self-Regulation
- Emotions: Identifying, or Struggling
- Processing Trauma
- Processing a Demographic Factor or
- Difference
- Other: \_\_\_\_\_

# Critique use of this book for IDENTITY

The **wording** in this book provides opportunity for children of one marginalized group to *see themselves* in a *character*.

Strongly Agree =4	Agree =3	Disagree =2	Strongly Disagree =1	N/A =0

The **vocabulary** is both *appropriate and sensitive* to the identity of a specific population.

Strongly Agree =4	Agree =3	Disagree =2	Strongly Disagree =1	N/A =0

The **wording** in this book provides opportunity for children who are NOT of one marginalized group to **grow in awareness** of peers or community members of one marginalized group.

Strongly Agree =4	Agree =3	Disagree =2	Strongly Disagree =1	N/A =0

The **illustrations** in this book provide opportunity for children of one marginalized group to **see themselves** in a character.

Strongly Agree =4	Agree =3	Disagree =2	Strongly Disagree =1	N/A =0

#### The **illustrations** are both *appropriate and sensitive* to the identity of a specific population.

Strongly Agree =4	Agree =3	Disagree =2	Strongly Disagree =1	N/A =0

The **illustrations** in this book provide opportunity for children who are NOT of one marginalized group to **grow** *in awareness of peers or community members of one marginalized group*.

Strongly Agree =4	Agree =3	Disagree =2	Strongly Disagree =1	N/A =0

# **Critique use of this book for CATHARSIS**

#### This book supports children to *identify emotions*.

Strongly Agree =4	Agree =3	Disagree =2	Strongly Disagree =1	N/A =0

This book **invites** readers to **process emotions**, or emote with and through the story.

Strongly Agree =4	Agree =3	Disagree =2	Strongly Disagree =1	N/A =0

#### This book provides a *healthy model* for processing emotions.

Strongly Agree =4	Agree =3	Disagree =2	Strongly Disagree =1	N/A =0

#### This book **provides opportunity** for individual children to **connect with a challenge** in the story.

Strongly Agree =4	Agree =3	Disagree =2	Strongly Disagree =1	N/A =0

#### The vocabulary is both *appropriate and sensitive* to the challenge addressed.

Strongly Agree =4	Agree =3	Disagree =2	Strongly Disagree =1	N/A =0

The **challenge(s)** in this book **provides opportunity** for children who are NOT of one marginalized group to **grow in empathy** for challenges experienced by peers or community members.

Strongly Agree =4	Agree =3	Disagree =2	Strongly Disagree =1	N/A =0

# Critique use of this book for SOLUTIONS

#### This book promotes inclusion of a marginalized group or reconciliation in social justice.

Strongly Agree =4	Agree =3	Disagree =2	Strongly Disagree =1	N/A =0

#### This book supports discussion of 2 or more intersecting issues of marginalization or social justice.

Strongly Agree =4	Agree =3	Disagree =2	Strongly Disagree =1	N/A =0

This book models accessing a supportive individual or community support through a challenge.

Strongly Agree =4	Agree =3	Disagree =2	Strongly Disagree =1	N/A =0

This book explicitly *offers a helpful resource or strategy* as a solution to a challenge.

Strongly Agree =4	Agree =3	Disagree =2	Strongly Disagree =1	N/A =0

#### This book *promotes seeking safety* when at risk of harm.

Strongly Agree =4	Agree =3	Disagree =2	Strongly Disagree =1	N/A =0

#### This book *promotes perseverance or resilience* through a challenge.

Strongly Agree =4	Agree =3	Disagree =2	Strongly Disagree =1	N/A =0

This book *promotes self-efficacy* (belief in self-worth and capability) OR *self-regulation* (self-awareness or using strategies) OR *self-determination* (goal setting, decision-making).

Strongly Agree =4	Agree =3	Disagree =2	Strongly Disagree =1	N/A =0

For use with a classroom or group, this book promotes growth in disability awareness or cultural intelligence.

Strongly Agree =4	Agree =3	Disagree =2	Strongly Disagree =1	N/A =0

# This instrument may be used at your discretion. Please reference the following citation:

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For more information about this instrument's development and function, please email Melinda Burchard, Ph.D., at <a href="mailto:mburchard@messiah.edu">mburchard@messiah.edu</a>.

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