

Spring 2019

## Mu Chi Alpha Spring 2019 Newsletter

Mu Chi Alpha, Counseling Program

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Sharpening Intellect | Deepening Christian Faith | Inspiring Action

Messiah University is a Christian university of the liberal and applied arts and sciences. Our mission is to educate men and women toward maturity of intellect, character and Christian faith in preparation for lives of service, leadership and reconciliation in church and society.



Counseling Academic &  
Professional Honor Society International  
Member, Association of College Honor Societies

## Mu Chi Alpha Chapter of Chi Sigma Iota

WINTER and  
SPRING 2018-2019

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### **Chi Sigma Iota – Mu Chi Alpha: In Progress**

Facebook Page and  
Additional Media  
Presence

Community  
Engagement Events

Social Events

Please check emails for  
updates

## Mu Chi Alpha Chapter

*Messiah College, Grantham, Pennsylvania  
Established in 2012*

Our chapter has over 80 active members including current students, alumni, and faculty. We focus on promoting excellence in the profession of counseling and hope to get members more involved in professional development, community engagement, wellness, and more. We have Zoom meetings with our chapter to plan various activities throughout the year.

## CSI UPCOMING EVENTS

### CSI Days at ACA, March 28<sup>th</sup> – 31<sup>st</sup>

CSI Days 2019 will be held during the ACA Conference & Expo in New Orleans, Louisiana, on March 28-31, 2019. CSI thanks ACA for its support in providing accommodations for CSI Days events! For more information check out the CSI website: [https://www.csi-net.org/page/CSI\\_Day](https://www.csi-net.org/page/CSI_Day).

### PCA Professional Advocacy Day, April 9<sup>th</sup>

The Pennsylvania Counseling Association (PCA) is organizing a day of advocacy. This day will include working with lobbyists to meet with representatives from the legislature to advocate for counselors and our profession. It is one way that legislatures can see us as an essential resource in mental health care. Last year's event was considered a success!

## 9th Annual Chi Sigma Iota Pennsylvania Statewide Conference: “Cultivating a Culture of Mentorship: Preparing Counselor-Leaders”

Saturday, April 27, 2018, Duquesne University, Pittsburgh, PA

**CALL FOR PROPOSALS:** The Delta Upsilon Chapter of Chi Sigma Iota is pleased to announce the Call for Proposals for the 9<sup>th</sup> Annual Chi Sigma Iota Pennsylvania State-Wide Conference. We invite innovative and quality proposals that address areas of counseling, counselor education and supervision, and specifically those that are both practical and research-based. Proposals are due February 10, 2019.

Advance Registration through April 26<sup>th</sup> = \$35.00, Cost on April 27<sup>th</sup> = \$40.00. Mu Chi Alpha can provide some funding for one or two students who would like to present at the conference.

## MU CHI ALPHA PAST EVENTS

### December 2018 Donations to Toys for Tots

Mu Chi Alpha members selflessly gave to the Marine's Toys for Tots from the end of November through December 22, 2018. Donated toys were given to families in need.

"The basic mission of the Marine Toys for Tots Program is to collect new unwrapped toys and distribute those toys to less fortunate children at Christmas. The primary goal of Marine Toys for Tots is, through the gift of a new toy, help bring the joy of Christmas and send a message of hope to America's less fortunate children." - Reference: [https://www.toysfortots.org/about\\_toys\\_for\\_tots/toys\\_for\\_tots\\_program/default.aspx](https://www.toysfortots.org/about_toys_for_tots/toys_for_tots_program/default.aspx)



### Community Engagement – December 15, 2018

During Fall 2018 finals week, Mu Chi Alpha teamed up with Minds Matter, a student led organization, to hand out hot chocolate, doughnut holes, and stress balls to undergraduate students. Both organizations feel bringing awareness to mental health is important. It was a great partnership between graduate and undergraduate students. Many students benefited from this treat on the way to their final exams!



## MU CHI ALPHA PAST EVENTS

### Dessert Social Event – January 10, 2019

Messiah's chapter of the international honors society for counseling students Chi Sigma Iota held a dessert social event to introduce the new members of the Mu Chi Alpha chapter. Our first social event of 2019 was a success with visits from students and professors. Three books, "The Secrets of Exceptional Counselors," by Jeffrey A. Kottler, "The Gift of Therapy: An Open Letter to a New Generation of Therapists and Their Patients," by Irvin Yalom, and "On Being a Therapist," by Jeffrey Kottler, were awarded as raffle prizes for those who correctly guessed the name and eligibility requirements of Chi Sigma Iota. Our Chapter is Mu Chi Alpha and our eligibility requirements are: completion of at least 24 graduate counseling credits; earned a grade point average of 3.5 or better and invited for membership by the chapter in the Spring.



### Congratulations Chi Sigma Iota – Mu Chi Alpha December 2018 graduates

Nicole Berry, MA  
 Mary Blackwell, CAGS  
 Chad R. Brightbill, MA  
 Joy T. Chester, MA  
 Jude T. Decort, MA  
 Amy Finkenstadt, MA  
 Denise C Hall, CAGS  
 Stephanie J. Luthringer, MA  
 Kristin M. Malloy, MA  
 Aimee H. Nelson, CAGS  
 James D. Nelson, MA  
 Olivia R. Nieves, MA  
 Amy L. Reyes, CAGS  
 Ruth-Ann R. Sang, CAGS  
 Lindsey E. Sauder, MA  
 Rachael N. Scroggin, MA  
 Kassy S. Shenberger, MA  
 Sondra R. Siegfried, MA  
 Elizabeth K. Skiffington, MA  
 Nicole A. Tausendfreund, MA

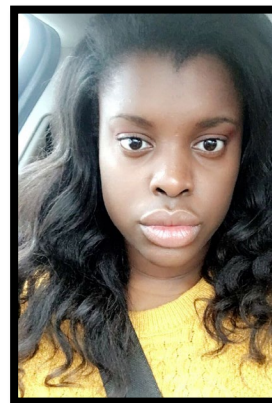
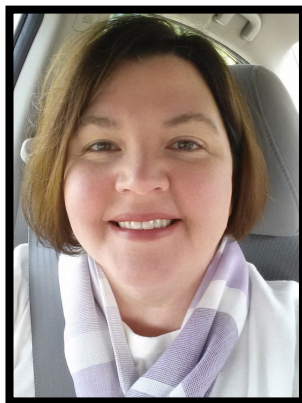
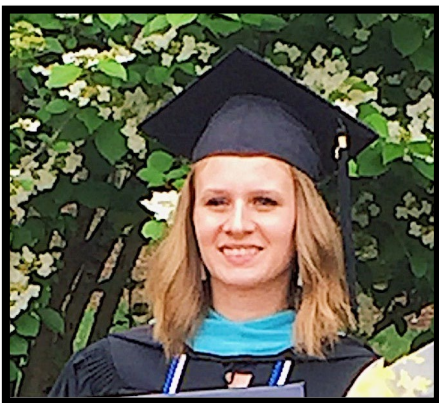
Tracie R. Thomas, MA  
 Jeffrey Viens, CAGS  
 Bethany R. Werner, MA  
 Kelsey L. Wolf, MA



## Meet Chi Sigma Iota – Mu Chi Alpha Officers



(L – R) Dr. Maya Georgieva & Dr. Leah Clarke, Chapter Faculty Advisors, and Stacey Morgan, President



(L – R) Emily Yohman, Secretary-Treasurer, Joy Chester, Chair of the Newsletter Committee, and Djola McGowan, Chair of the Web Presence Committee



(L – R) Patricia Kreider, Chair of the Community Engagement Committee, Nicole Tausendfreund, Chair of the Professional Advocacy Committee, Amanda Charnigo, Chair of the Social Events Committee, and Sarah Gebhard, Social Events Committee member (no picture available)